

Suggested Personal Equipment List for Participants

The following is a list of *suggested items* only. You may wish to amend this list to suit your needs. Please **mark all items clearly with name and Group,** as it makes it easier to return the item if misplaced. For Joeys away for the first time, make sure they pack the thing they may sleep with at home!

Please note that electronic devices are not permitted for Joeys or Cubs.

PERSONALITEMS	ш	nat (we suggest a beame or balaciava for the evening and
	_	a wide brimmed hat for day time)
Pack items appropriate to current and		Sunscreen
expected weather conditions.		Water bottle
		Enclosed outdoor shoes or Boots + spare in case they get wet
Please remember that clothes may get		Two changes of clothes + old clothes for crawling about
VERY dirty. DO NOT SEND Joeys or Cubs in		Socks and underwear
good clothes, which could get ruined.		Extra pair of clean socks for bed
		Pyjamas - or you can sleep in track pants/windcheater
		Warm Coat (with hood) and rain gear (just in case)
		Plastic bag for wet / dirty clothing
		Small bag/backpack to carry your stuff around during the day
		Mittens or gloves (check the weather–it can get cold at Woodhouse)
		Folding chair or ground blanket to sit on (for Adults only)
TOILETRY ITEMS		Towel
TOTEL TREATMENTS		Wash (face) cloth
		Soap (in a soap dish)
		Toothpaste and toothbrush
		Comb or hairbrush
		Non-aerosol deodorant
EATING ITEMS		Plate
We suggest non-breakable tableware. Put		Bowl
these items in a ventilated bag that can hang		Mug
up. A mesh bag is best, or even an old		Knife, fork and spoon
pillowcase.		Tea (drying) towel
SLEEPING ITEMS		Sleeping Bag (-5° rating is ideal if the night is cool)
Remember that you will be camping in a tent		Mattress, Foam or Bubble Pad
which is quite different to a sleepover at the		Pillow (or pillow case that can be filled with clothes)
hall. Please ensure that you have equipment		Extra Blanket (it can get cold at Woodhouse)
suitable for camping under canvas.		Sleeping (Bed) Buddy (teddy bear etc - optional)
Swags and camp beds should not be used as		For Joeys and their Parents: Own Tent (2 or 3 person as space is
they take up too much room in a tent.		limited) (Cubs will sleep in tents supplied by their Scout Group)
MISCELLANEOUS ITEMS		Torch (with fresh batteries)
IVIISCLEAIVEOUS ITEIVIS		Small Pack of Tissues

MEDICATION

If you or your child is on *ANY* medication, please ensure that your Leaders are aware. For any prescription medicines, chronic or life- threatening conditions, please supply Leaders with <u>precise</u> instructions for administration in the event of an incident or medical emergency requiring immediate treatment.

A 24-hour First Aid post with welfare services will be in operation for the duration of Revolution 2014. Minor incidents may be treated at Sub-Camp level or if at an Activity Site, by the designated First Aider in attendance.

Please note that as per Scout regulations, Revolution 2014 is an Alcohol-Free event. Non-compliance will result in expulsion from the Woodhouse Site.